

P3 POLLUTION PREVENTION POST

SUMMER 2010

YOUR NEWS & INFORMATION SOURCE ABOUT : RECYCLING, POLLUTION PREVENTION, LESS TOXIC PRODUCTS


ENVIRONMENTAL HEALTH
SAN MATEO COUNTY



NEW ENVIRONMENTAL RESOURCE GUIDE

With this new resource guide you will be able to easily find San Mateo County groups working on watershed stewardship projects and peruse volunteer opportunities and events. Search local groups by location or topic of interest. Want to start your own watershed group? Check out this page for ways to get started. www.flowstobay.org/guide.



You can have the P3 Newsletter Delivered **FREE** to your email account twice a year. Just go to www.flowstobay.org/newsletter and then click on this icon found at the top of the page: 

To have a hard copy mailed to you, call 650-372-6214.

California Coastal Cleanup Day

Saturday, September 25, 2010
9am to noon

San Mateo Countywide Water Pollution Prevention Program is proud to announce the 26th annual California Coastal Cleanup Day, the state's largest volunteer event. The event will take place at more than 800 locations around the state on Saturday, September 25, from 9 am to noon. The Cleanup is the state's largest single effort to remove the debris that has accumulated on our beaches and

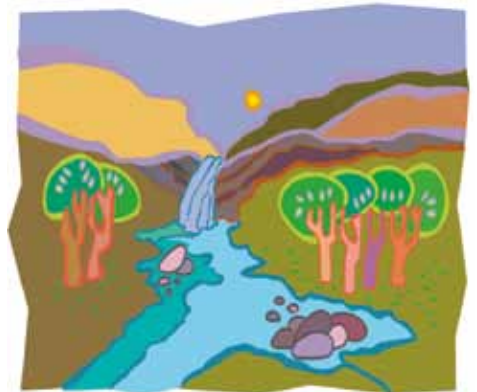


inland shorelines over the past year, bringing tens of thousands of volunteers out annually to protect the marine wildlife and habitat that can be badly damaged by marine debris.

[continued on page 2](#)

Community Action Grants Available

San Mateo Countywide Water Pollution Prevention Program offers Community Action Grants for volunteer groups, teachers, environmental organizations and other local, not-for-profit associations interested in developing and/or implementing projects that improve the quality of local creeks, the Bay or the Pacific Ocean within San Mateo County. Up to \$3,000 is awarded to groups proposing projects to restore, protect, enhance, or prevent pollution of local waterways or which benefit the ecology of the San Mateo County watershed. Applications are available in October 2010, with a November 2010 deadline. Get more information at www.flowstobay.org/grant or call 650-372-6245.



CONTENTS

California Coastal Cleanup Day (continued).....	2
Too Toxic To Trash	3
• Household	
• Automotive	
• Pharmaceuticals	
Recycle Locations Listing	4

California Coastal Cleanup Day

continued from page 1

Last year alone, in San Mateo County volunteers helped pick up over 42,000 pounds of trash off of local beaches, creeks, and neighborhoods. By picking up cigarette butts, plastic bags, tires, bottles, and other miscellaneous items, we prevent the litter from making its way to the ocean via storm drains and watersheds where it endangers marine animals and the environment.

How can you can participate?

On Saturday, September 25th, 2010 join your fellow friends, family, students, service groups, and neighbors to take care of your own environment, show community support, learn about the impacts of litter, and have fun!

The San Mateo Countywide Water Pollution Prevention Program is helping to coordinate the California Coastal Cleanup in San Mateo County. All you have to do is pick a local cleanup location, show up, and cleanup! All materials will be handed out when you arrive at 9 am and the cleanup goes until noon. However, in efforts to reduce the amount of trash created by the Cleanup, this year volunteers are being encouraged to turn out to their favorite Cleanup location with their own bucket, gloves, and reusable water bottle.

For a list of Cleanup sites and more information visit www.flowstobay.org or contact Ana Clayton at 650.372.6214.

2009 Coastal Cleanup Day Totals

80,000

Number of volunteers participating in last year's Coastal Cleanup Day in California

80%

Percent of total debris items picked up in 2009 that were made of plastic

4,224

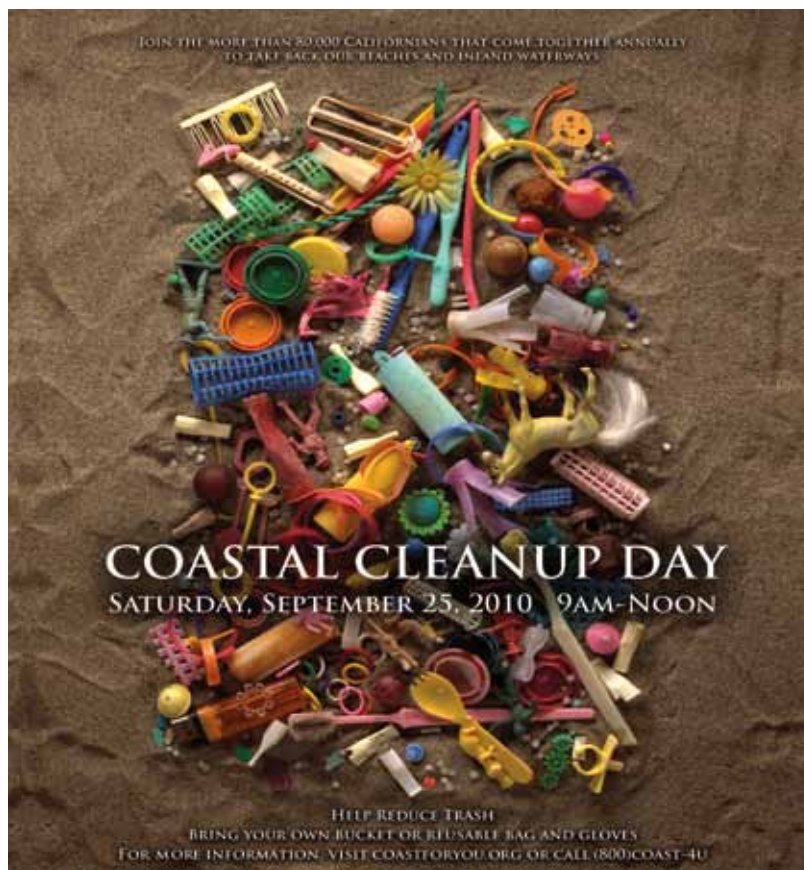
Number of volunteers participating in the 2009 Coastal Cleanup in San Mateo County

1.3 million

Total pounds of trash picked up in 2009 throughout California

International Coastal Cleanup Day

400,000 volunteers collected more than 6.8 million pounds of trash in 100 countries and 42 US States



Saturday, September 25, 2010 9 am to noon

VOLUNTEER

For groups of 10 or more, please RSVP to Ana Clayton 650.372.6214.

Too Toxic To Trash

Residential Fluorescent Lighting



Fluorescent lights save energy and money, however they do contain mercury, which cannot go into the trash. More and more stores that sell fluorescent lighting (L) will take it back. Any store listed on the chart on page 4 with an "L", now takes these lights back for proper recycling.

Household Batteries



Batteries contain heavy metals and also cannot go into the trash. When choosing a battery the most energy efficient choice is to use a rechargeable one. Take back rechargeable batteries to any store that sells them. For non-rechargeable batteries recycle them curbside (check with your garbage hauler) or take them to any location on the chart marked with an "H".

Automotive



If you do maintenance on your car or truck, do the right thing by recycling the oil, filter, antifreeze and car battery at a certified recycling center. See chart on page 4 to find a recycling location near you. Just remember: do not mix used oil with any other fluids including antifreeze, water, gasoline, or solvents. Centers cannot accept contaminated oil. To dispose of other household hazardous waste or contaminated motor oil contact the San Mateo County Household Hazardous Waste Program at 650-363-4718 or visit www.smhealth.org/hhw.

PROPERLY DISPOSE OF ALL THESE ITEMS!

Old Medications

Recent research by the United States Geological Survey (USGS) shows trace amounts of pharmaceuticals in many of the Country's waterways. Much of this is due to the disposal of unused pharmaceuticals into the sanitary sewer system which eventually leads to our waterways such as streams, creeks, rivers, reservoirs, bays and beyond.

One thing you can do to help is to properly dispose of your unused pharmaceuticals, over the counter medications and vitamins. In San Mateo County, you can dispose of this waste at law enforcement agencies listed at right.



STOP!
DON'T FLUSH YOUR OLD MEDICATIONS!

Disposal Procedures:

- 1** Remove excess packaging
- 2** Consolidate pills in ziplock bag
- 3** Keep liquid medication in original container



Find confidential drop-off containers at Police Departments listed at right.

Atherton	83 Ashfield Road.	688-6500
Belmont	1 Twin Pines Lane	595-7400
Brisbane	50 Park Place	415-467-1212
Burlingame	1111 Trousdale Drive	777-4100
Daly City	333 - 90th Street	991-8142
Half Moon Bay	537 Kelly Street	726-8288
Hillsborough	1600 Floribunda Avenue	375-7400
Millbrae	581 Magnolia	259-2300
Pacifica	2075 Coast Highway	738-7310
San Bruno	1177 Huntington Avenue	616-7100
San Carlos	600 Elm Street	802-4277
San Mateo	200 Franklin Parkway	522-7710
So. San Francisco	33 Arroyo Drive, Ste. C	877-8900
San Mateo County Sheriff	400 County Center	599-1664
North Coast Sub-Station	500 California Avenue, Moss Beach	573-2801

For more information please call: 650 363-4572

Recycle your used motor oil, oil filters, antifreeze, car batteries, latex paint, fluorescent lamps¹, and household batteries!²

Site	Address	Phone	Automotive	Household
Belmont⁴	1029 Alameda de las Pulgas	593-4072		
Carlmont Ace Hardware	2000 Ralston Ave.	592-3637	B 0	T H L
Brisbane⁴				
Brisbane Ace Hardware	1 Vistacion Ave	415-467-2707		H L
Brisbane City Hall	50-Park Place	415-508-2130		H L
Burlingame⁴				
Burlingame Valero	601 California Dr.	347-0486	0 F	L
Lumiere	1405 Broadway	375-1959		L
Colma				
Home Depot	2 Colma Blvd.	375-1959		L
Daly City				
AlliedWaste	1680 Edgeworth Ave.	756-1130		H
Bayside Chevron ³	2690 Bayside Blvd.	415-330-9888	B 0 F	H
Bayside Library Third Floor	460 Martin St.	991-8074		H
BFI Musselrock T.S.	755-7068		0 F	H
City Hall Main Lobby	333 90th St.	991-8038		H
Firestone Store ²	4 Serranonte Center	994-1500	A B 0 F T	L
Home Depot	303 E. Lake Merced Blvd.	755-9600	B 0 F	L
Kragen Auto Parts ²	5 Skyline Plaza	994-2650	B 0 F	L
Kragen Auto Parts ²	7283 Mission St.	755-8890	B 0	L
Serranonte Library	40 Wembley Dr.	991-8023		H
Service Lighting	2975 Junpero Serra Blvd.	992-8333		L
Speedee Oil Change ³	1600 Sullivan Ave.	755-8777	0	L
Westlake Library	275 Southgate Ave.	991-8071		H
East Palo Alto⁴				
Auto Zone ²	2160 University Ave.	331-7271	A B 0	L P C
Corporation Yard ²	150 Tara Street	853-5916	B 0 F T H L	P C
Home Depot	1781 East Bayside Rd	462-6800		L
KEA	1700 East Bayside Rd.	323-4532		L
Foster City⁴				
AM/PM Hillsdale Arco	880 E. Hillsdale Blvd.	349-1849	0	L
Valero	501 Foster City Blvd.	345-6500	0 F	L
Half Moon Bay⁴				
Half Moon Bay Electric	429 Main St.	726-2711		L
More For Less	507 Kelly St.	712-0183	0 F	L
Ocean Store Hardware	111 Main St.	726-5505		L P
Ox Mountain Landfill ³	12310 Highway 92	726-1819	A B 0 F T	C
Hillsborough				
Hillsborough Town Hall	1600 Floribunda Ave	375-7400		H
Menlo Park⁴				
Belle Haven Child Development Center	410 Ivy Drive	330-2270		H
M&M Automotive ²	1281 El Camino Real	325-3900	0 F	H
Menlo Park Library	800 Alma St.	330-2500		H
Oil Changer ²	944 Willow Rd.	321-9047	0 F	H
Onetra Harris Community Center	100 Terminal Ave.	330-2250		H
Reclaim:Healthy Green Home	855 Santa Cruz Ave.	330-2250		L
Sharon Heights Shell	125 Sharon Park Dr.	854-3400	0 F	L
Millbrae⁴				
Auto Zone ²	320 El Camino Real	697-3504	B 0	L
Firestone Store ²	1201 El Camino Real	871-9096	A B 0 F T	L
Kragen Auto Parts ³	1145 El Camino Real	583-0443	B 0 F	L
Linda Mac Ace Hardware	560 San Pedro Ave	359-2401		L
Millbrae Square Chevron	501 El Camino Real	697-3275	A 0 F T	L
Speedee Oil Change ²	390 El Camino Real	692-6740	0 F	L
Pacifica⁴				
Coastside Staveanger	1046 Palmetto Ave.	355-9000	A B 0 F T H L	P C
Oil Changer ²	2880 Skyline Blvd.	355-7233	0	L
Santof Firestone	705 Hickey Blvd.	355-1154	A B 0 F T	L

AUTOMOTIVE
 A-antifreeze
 B-car batteries
 O-used motor oil
 F-oil filters
 T-tires (fee)

HOUSEHOLD
 H-household batteries
 P-latex paint
 L-CFL's
 C-computers, TVs (fee)

Site	Address	Phone	Automotive	Household
Pasadena				
BFI Waste Systems	Bean Hollow Rd.	879-0729	B 0 F T	L
Portola Valley				
Portola Valley Hardware	112 Portola Rd.	851-0116		H L
Redwood City⁴				
Chanique's Auto Repair	425 Dunbarton St.	365-1322	B 0 F	L
Firestone Store ²	1458 El Camino Real	364-1900	A B 0 F T	L
Jiffy Lube ²	640 Whipple Ave.	369-8067	0 F	L
Kings Union 76	975 Woodside Rd	364-9620	B 0 F T	L
Kragen Auto Parts ²	2411 El Camino Real	368-2831	B 0 F	L
Oil Changer ²	2762 El Camino Real	366-5394	0 F	L
Silver Auto Services	1603 Broadway	245-5783	0 F	L
Whole Foods	1250 Jefferson Ave	367-1400	A 0 F	L
San Bruno⁴				
Eichen's Lighting	580 El Camino Real	583-6938		L
Jiffy Lube ²	1580 El Camino Real	588-3970	0 F	L
San Bruno Garbage Company	101 Tarforan Ave.	583-8536	A B 0 F	L P C
Sharma Auto Repair ²	1089 Montgomery Ave.	872-9600	0	L
Skyline College	3300 College Dr.	738-4126	0 F	L
Speedee Oil Change ³	801 El Camino Real	952-5178	0 F	L
San Carlos⁴				
AlliedWaste	333 Shoreway Rd.	592-2411	A	L P C
City Hall	600 Elm St.	743-2974		H
Home Depot	1125 Old County Rd.	592-9200		L
Jiffy Lube ²	1030 El Camino Real	594-1688	0 F	L
Kragen Auto Parts ³	1272 El Camino Real	595-5112	B 0 F	L
Oil Changer ²	1188 El Camino Real	591-0695	0 F	L
Pep Boys ²	1087 Old County Road	632-1522	0 F	L
San Carlos Library	610 Elm St.	591-0341		H
SmartCare Auto	400 El Camino Real	593-7873	0 F	L
San Mateo⁴				
Auto Zone ²	3880 S. El Camino Real	372-0535	B 0	L
Chevron Oil Stop ³	2009 El Camino Real	572-8000	0 F	L
Firestone Store ²	2180 S. El Camino Real	345-3535	A B 0 F T	L
Home Depot	2001 Chest St.	525-9343		L
Jiffy Lube ²	2517 S. El Camino Real	349-7222	0 F	L
Jiffy Lube ²	407 S. Delaware St.	344-8242	0 F	L
Kragen Auto Parts ²	2640 S. El Camino Real	349-1275	B 0 F	L
Kragen Auto Parts ²	400 S. Norfolk St.	344-2448	B 0 F	L
Reed's Service Center	1641 Palm Ave.	341-6675	B 0 F	L
San Mateo Auto Care	1471 E. Third St.	343-6651	B 0 F	L
Whole Foods	1010 Park Place	358-6900		H L
Wisnom's Hardware	545 1st Ave	348-1082		L
So. San Francisco⁴				
BlueLine Transfer	500 E. Jamie Ct.	589-5511	A B 0 F T H L	P C
Firestone Store ²	190 El Camino Real	583-2848	A B 0 F T	L
First Automotive Distrib. ³	273 E. Harris Ave.	333-8871	0	L
Kragen Auto Parts ²	1059 El Camino Real	589-8102	B 0 F	L
Kragen Auto Parts ²	3541 Calan Blvd.	827-9081	B 0 F	L
Meenan Battery	1139 Airport Blvd.	583-6735	B	L
Shiva Auto Repair	1185 Spruce Ave.	225-0600	B 0 F	L
Woodside				
Skyline Fire Station	17290 Skyline Blvd.	851-1860	0 F	H

Oil and oil filters are accepted free of charge at all locations. A fee may apply for antifreeze, tires, and batteries. Call before visiting collection centers. Used oil and antifreeze must not be mixed with any other automotive products. No broken batteries can be accepted. **Do not leave your oil at an unattended station.**

If you have any questions about proper disposal of other household chemicals, please call 650-372-6200. To dispose of other household waste at a collection event call **363-4718** or visit www.smhealth.org/hw.